

October 2016 –April 2017

Week One	Monday	Tuesday	Wednesday Pizza/Pasta Day	Thursday	Friday	Menu Cycle W/C
Starter	Homemade Soup		Homemade soup		Packed Lunch	19 October 9 November 30 November 21 December 18 January 8 February 7 March
Choice 1	Salmon Fish Fingers (Gluten Free) with New Potatoes	Chicken Meatballs in Tomato Sauce with Pasta	Vegetable Pasta with Garlic Bread	Beef Steak Pie with Mashed Potato	Filled Rolls/Sandwiches Yoghurt Fresh Fruit Bottle of Water	
Choice 2	Cheesy Pasta with Crusty Bread	Vegetable Fajitas with Potato Wedges	Pizza with Chips	Quorn Sausage Casserole with Potatoes		
Choice 3	Baked Potato with a choice of fillings	Baked Potato with a choice of fillings	Baked Potato with a choice of fillings	Baked Potato with a choice of fillings		
Vegetables	A selection of seasonal vegetables will be available daily to accompany main meals.					
Dessert	Fresh Fruit Selection	Chocolate Sponge Cake with Custard or Fresh Fruit Selection	Fresh Fruit Platter	Homebaking Selection (Muffins) or Fresh Fruit Selection		
Additional Information	Available Daily: Seasonal Vegetables, Mixed Salad, Drinks & Bread Selection					

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Week Two	Monday	Tuesday	Wednesday	Thursday Pizza/Pasta Day	Friday	Menu Cycle W/C
Starter		Homemade Soup		Homemade Soup	Packed Lunch	26 October 16 November 7 December 4 January 25 January 22 February 14 March
Choice 1	Breaded Fish (Whiting) with Boiled Potato	Chicken & Vegetable Casserole with Potatoes	Pork Steak??	Chicken & Ham Pasta with Garlic Bread	Filled Rolls/Sandwiches Yoghurt Fresh Fruit Bottle of Water	
Choice 2	Falafel /Meatballs	Quorn Pasta Bolognaise	Veggie Korma with Rice	Pizza with Chips		
Choice 3	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings		
Vegetables	A selection of seasonal vegetables will be available daily to accompany main meals.					
Dessert	Fruit Crumble with Custard or Fresh Fruit Selection	Yoghurt Selection and fruit dippers	Banana Loaf with Custard or Fresh Fruit Selection	Fresh Fruit Platter		
Additional Information	Available Daily: Seasonal Vegetables, Mixed Salad, Drinks & Bread Selection					

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Week Three	Monday	Tuesday Pizza/Pasta Day	Wednesday	Thursday	Friday	Menu Cycle W/C
Starter	Homemade Soup		Homemade soup		Packed Lunch Filled Rolls/Sandwich Yoghurt Fresh Fruit Bottle of Water	2 November 23 November 14 December 11 January 1 February 29 February 21 March
Choice 1	Cod Chunks with Chips	Neapolitan Pasta with Garlic Bread	Minced Beef, Yorkshire Pudding with Potatoes	Pork Sausages with Mashed Potato and Beans		
Choice 2	Quorn Chilli with Rice	Pizza with Potato Wedges	Macaroni Cheese with Crusty Bread	?????????		
Vegetables	A selection of seasonal vegetables will be available daily to accompany main meals.					
Choice 3	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings	Baked Potato with a choice of Fillings		
Dessert	Yoghurt Selection	Lemon Sponge with Custard or Fresh Fruit Selection	Fresh Fruit Salad	Carrot cake or Fresh Fruit Platter		
Additional Information	Available Daily: Mixed Salad, Drinks & Bread Selection					